

RETREAT LIST

Clothing/Personal	SEWING ITEMS
Shirts	Machine with pedal and cords/book
Pants	Sewing Kit
socks/undies/bra	Chair? / Lamp
Hoodie / Carhart	Sit-Upon
	Hook for back
	Projects with materials and fabrics
Hygiene	Power strip
Face Wash	
Soap	Empty Kleenex Boxes
Deo / Air Freshener	Umbrella
Shampoo/Cond.	Insulated Drink w/straw
Toothbrush/paste	Calendar
Floss	Snacks
Qtips	Music - Choir bag
Moisturizer face & hands	
Sanitizer	
Band-aids/Neo.	Phone/Charger
Hairbrush	Earbuds/charger
Nail file	Flashlight
Imitrex/Tylenol/Allergy	
Melatonin/Prilosec	Coffee Creamer
Scrunchii/clips	Candy/Gum
Hair Dryer	
Curling Iron	
Jewelry	Bath Towel
	Hand towel
Sleep	Washcloths
Pillows	Bath mat
PJs	Hangers (wet towels)
Sound Machine	
Denim Quilt	
Earplugs	Checkbook (massage)
Sleeping Bags (2)	
	WD-40 (doors)
	Magic eraser (tables)